

## Lime Coladas (dairy-free, refined sugar free)

### Ingredients for 2 servings:

4 limes, juiced

1/8 cup of coconut milk

2 cups of water

1/2 tsp monk fruit powder or stevia powder

1 glass of ice cubes

2 sprigs of spearmint

### Instructions

1. Put all ingredients except spearmint sprigs in a high-speed blender and blend until ice is mostly crushed.
2. Pour into two tall glasses, and garnish with the spearmint sprigs.
3. Put your feet up and enjoy!

In health,  
Mindy